



University

NEWS LETTER



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Editorial

June is a crucial month of the academic calendar, it stands as a proof of our flexibility and determination. As exams take center stage, students across the university face the peak of their year's efforts. This period is marked by intense study sessions and sleepless nights, it is a crucial time for evaluating not only our academic progress but also our personal growth.

Exams are challenging but offer us an opportunity to reflect on the knowledge we've accumulated and the skills we've learned. However, the pressures of exams can sometimes overshadow the importance of maintaining a balanced approach. It's essential to remember that while exams are significant, they are just one measure of our capabilities and potential. Keeping a balance between study and self-care is crucial.

By June the exams had come to an end, the relief in the faces of the students was clearly visible as the summer vacations had begun. With the enthusiasm to score the best the students headed towards their homes.

July often marks the height of the rainy season, bringing much-needed relief to Mother Earth. During this month we appreciate the beauty of rain as well as the horror the rain brings due to the landscapes and destruction due to them. As we embraced July we enjoyed the warmth, welcomed the refreshing rains, and celebrated the simple joys that make this summer month truly memorable.

The end of summer break brings a fresh wave of newness: new academic session, new admissions, rejuvenated continuing students and of course, new hopes and determination to add yet another feather to the crown of SBSU.

Thankyou.

PHOTOGRAPH OF THE MONTH



Photo Clicked By
Mr. Gaurav Gausain
BPT II year

WORLD ENVIRONMENT DAY

Sardar Bhagwan Singh University hosted a successful plantation drive on June 5, 2024, to celebrate WORLD ENVIRONMENT DAY. The event saw active participation from the university's faculty, staff, and students, all showing their dedication to environmental conservation. The Vice-Chancellor, Prof. J. Kumar, inaugurated the drive and highlighted the importance of reducing plastic use and finding sustainable alternatives. His speech motivated the attendees to adopt eco-friendly habits and contribute to a greener planet. In a unique effort to support local wildlife, birdhouses were installed across the university grounds to offer shelter to birds during high temperatures, demonstrating the institution's commitment to biodiversity conservation. Additionally, the university organized a poster-making competition for students on the theme "Land Restoration, Desertification, and Drought Resilience". University is committed to environmental stewardship through such impactful initiatives, fostering a culture of sustainability and ecological responsibility among its community members



NCC CAMP

The 10-day NCC Military Training Camp organized by the 11 UK NCC Girls Battalion concluded with a closing ceremony at Sardar Bhagwan Singh University. About 600 women NCC cadets from various institutions across the state participated. Activities included morning PT, drill training, weapon classes, and sessions on 'Women Empowerment', 'Career Guidance', and 'Disaster Management'. The Uttarakhand Police also conducted a session on Cyber crime Security. Cultural and holistic development was fostered through group singing, dancing, volleyball, kho-kho, and a quiz competition. The Vice Chancellor of SBSU, Dr. J. Kumar, presented awards during the closing ceremony, emphasizing the importance of discipline and social responsibility. He was honored with a memento by Commanding Officer Col. O.P. Pandey.



Career Guidance Webinar

SBS University organized career guidance webinar on the Theme: "Career Pathway in Science and Technology".

SPEAKERS

Dr. J. Kumar, Dr. Veerma Ram, Dr. Manish K. Arora, Dr. Kumar Mahotra, Dr. Nishi S. Bhalwal, Dr. Santosh Karn, Dr. Pooja Nautiyal, Dr. Nikita Pandey, Dr. Vishal Warikoo, Ms. Neha Joshi

Program Schedule

Date	Department	Topic
June 6	Pharmacy	Opportunities in Pharmaceutical Sciences Speaker: Dr. Veerma Ram, Director, School of Pharmacy
June 7	Chemistry	Opportunities in Applied Chemistry and Basic Sciences Speaker: Dr. Nishi Pandey, Assistant Professor & I/C Head
June 10	MLT & VET	Career in Medical Lab Technology: The Backbone of Medical Diagnostics Speaker: Dr. Pooja Nautiyal, Assistant Professor & I/C Head
June 11	Physiotherapy	Career in Rehabilitation and Physical Therapy Speaker: Dr. Manish K. Arora, Professor, School of Physiotherapy & Dental Student Welfare
June 12	Consultancy Services	Employment Applications in Modern Careers Speaker: Ms. Neha Joshi, Faculty
June 12	Business Management	Management: Building Leadership and Organizational Skills Speaker: Ms. Neha Joshi, Faculty
June 13	Life Sciences	Opportunities in Life Sciences Speaker: Dr. Kumar Mahotra, Professor, School of Life Sciences
June 13	Life Sciences	Careers in Biotechnology Speaker: Dr. Santosh Karn, Associate Professor & I/C Head
June 13	Life Sciences	Careers in Microbiology Speaker: Dr. Nishi S. Bhalwal, Associate Professor & Associate Dean
June 14	Agricultural Sciences	Application Sciences: Feeding the Future Speaker: Dr. J. Kumar, Professor & Vice-Chancellor

Scan for Jobs Google Meet: 06th-14th June, 2024 11:00AM - 12:00 Noon

Educational Visit

Under the Student READY Program (2024-2025), the School of Agricultural Sciences organized an educational visit to Agricultural Produce Market Committee (APMC) Niranjanpur, Dehradun. The programme embraces Experiential Learning (EL) that helps the student to develop competence, capability, capacity building, acquiring skills, expertise and confidence to start their own enterprise and turn "Job Creators instead of Job Seekers". This is a step towards "Earn while Learn" concept. This visit offered hands-on learning opportunities for students of B.Sc.(Hons) Agriculture encompassing the functioning of APMC, eNAM, Cold Storage etc.



Faculty Achievement

- Dr. Surbhi Pradhan published a research article entitled "Effect of Hawan Samagri used for Agnihotra against Human Pathogenic Bacteria Responsible for Foodborne and Airborne Infections" in Vegetos (Springer)
- Dr. Santosh Kumar Karn published a research article Entitled "Submerged Cultivation and Phytochemical Analysis of Medicinal Mushrooms (*Trametes sp.*)" in Frontiers in Fungal Biology (Frontiers).
- Dr. Madhulika Esther Prasad published a review article entitled "Enhancing Efficacy of Microbial Bioremediation by Intervention of Nanotechnology and Metabolic Engineering: A Review" in Journal of Applied and Natural Science (ANSF).
- Mr. Mausin Khan published a book entitled "Pharmaceutical Analysis" in Sjashwat Publications.
- Dr. Surbhi Pradhan and Dr. Deepanshu Rana published a research article entitled "Evaluation of the Synergistic Potential of *Camellia sinensis* and Badri Cow Urine through UV-Shielding Essay and Estimation of Antioxidant and Antibiofilm activity" in African Journal of Biological Sciences.
- Dr. Niki Nautiyal published a research article entitled "Assessment of Phytochemical, Antimicrobial, Antioxidant Activities and HPLC analysis of Stem, Leaves and Fruits of Plant *Pyrus pashia*" in African Journal of Biological Sciences.

A Spooky Event

So, this story is from six month back. It was Saturday morning calm and peaceful as ever. I usually get up late on Saturday but I woke up early that day and however hard I tried I couldn't get to sleep again. After turning from side to side a few times, I got out of bed looked outside and found a beautiful early morning. I decided to go for a walk.

After walk, I got tired and returned home took a shower and then the sleep which had escaped me the entire morning came rushing upon me like the full pour of Indian monsoon and soon I found myself into a very deep sleep.

In my dreams I was in a car driving downhill. I don't remember how many of us were there in that car but it was certainly full of its capacity. I know it was a good trip and i felt very happy in that moment. Slowly I started recognising some of the faces. There were my classmates and college friends.

After some time the laughter come out and was replaced by a friendly silence everyone because everyone was quite and lost in their thoughts.

I was sitting on the window seat and can feel the calmness of the wind on my face. I look on the other side where my friends are sleeping except one of my best friend. Who is looking towards me with a unusual smile and suddenly a voice arise saying slow down the car I got scared because all of them were sleeping except one who hasn't utter a word.

She kept laughing a speed of the car increases slowly. I got scared and try to go near her but suddenly she started looking out of the window.

Now it was the time when I generally get up in my dream when something bad happened. I get this sense that it is not a dream. I can't explain it how and why but it is how I feel that time I am able to spot the dream and hence I would get up but not this time.

As I saw my friend looking out of the window I command the driver to slow down the speed but he do not listen to me suddenly she shouted that we all were going to die. I tell the driver to slow down or to stop the car but the car brake got failed and the car got crashed to a hill and suddenly I got up from the dream. It took me some time to get out of the dream. It was a dream I confirmed.

In next day evening I got a call from one of y friend that some of our friends got injured in a car crash and I got numb as I had already seen something like that in my dream.

Supriya Negi
B. Pharm 4th Year

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